#650 - 6091 Gilbert Road Richmond, B.C. V7C 5L9 *Tel:* **604 273 4320** *Fax:* 604 273 7599

## **RECURRENT URINARY TRACT INFECTION - FEMALES**

LAST Name (REQUIRED) FIRST	Name (	(REQI	UIRE	PHN/CARE CARD NUMBER (REQUIRED)			
Date							
<b>Instructions:</b> Please complete this que All information is strictly confidential and							
Mark [X] the correct column after each ques							
ONSET				TIMING			
Age at first bladder/kidney infection?				How frequently are you having infections			
· ·				(e.g. once per week, every few months)?			
How many years have recurrent infections been a MAJOR problem for you?							
	Yes	No	Not Sure		Yes	No	Not Sure
<b>SYMPTOMS DURING INFECTION</b> : Any of these WITH infection?				RISKS: Do any of the following apply to you?			
Burning (dysuria)				21. Post-menopausal			
2. Frequent urination				22. Oral contraceptive			
Urgency/difficulty postponing urination				23. Vaginal dryness			
Foul-smelling urine				24. Spermicidal jelly			
5. Blood in the urine				<b>SEXUAL ACTIVITY</b> : Intercourse is a major risk for recurrent UTI.**			
6. Upper back pain				25. Are you sexually active?			
7. Fever				26. Do you have pain with intercourse?	<u> </u>		
8. Nausea or vomiting				27. Do you get infections after intercourse?			
Pain above the bladder or lower back				<b>PRIOR INVESTIGATIONS</b> : Have you had any of the following in the past?			
<b>INTERCURRENT SYMPTOMS</b> : Any of the following when you DO NOT have infection?				28. Positive urine culture			
10. Slow stream				29. Cystoscopy			
11. Difficulty emptying your bladder				30. Ultrasound			
12. Urinary incontinence/leakage				TREATMENT: Which have you received?			
13. Do you need pads for incontinence?				31. Antibiotics			
UROGYNECOLOGY HISTORY : Do any of				32. Vaginal estrogen replacement			
the following apply to you?							
14. Kidney stone				33. Cranberry (extract, pills, juice)			
15. Bladder surgery				34. Probiotics (e.g. Lactobacilli			
16. Hysterectomy (removal of uterus)				35. D-Mannose			
17. Oophorectomy (removal of ovaries)				36. Vitamin C	+		
<ul><li>18. Vaginal surgery (prolapse or incontinence)</li><li>19. Constipation</li></ul>				37. Urethral dilation (stretch of urethra)	+		
20. Neurological problem (stroke, MS, etc.)					+		
21. History of smoking					+		
Explain if you answered YES to any of the a				nything else that you think is important for us ently are you having sex per month?	to kno	w?	